

13 MAR 2026

27 MAR 2026

**ONCOLOGY** | POST-  
GRADUATE COURSE FOR  
GENERAL PRACTITIONERS  
*4th Edition*

**ADVANCED  
EDUCATION**  
NOVA MEDICAL SCHOOL



## COURSE PRESENTATION

General Practitioners are the primary care provider to populations, directing health promotion and disease prevention, and providing coordinated patient focused care. They are the key for an accurate implementation of the population-based cancer screening programs, in the valuation of signs and symptoms that contribute to the early detection of cancer, and in the correct referral of cancer patients to specialized centres.

They should act effectively within multidisciplinary health care teams, including within the hospital environments, participating, and facilitating communication between primary care and hospital physicians. General Practitioners deal with cancer patients and cancer issues very frequently. Nevertheless, most physicians of this specialty have had little opportunity to learn about cancer care due to the lack of oncology curriculum content in university training and in family medicine certification programs.

This course is an opportunity to have contact with the natural history of different types of cancer, main treatments modalities and follow-up. The participants will have time to discuss practical clinical cases, to facilitate the application in daily practice. The speakers will be professionals with experience in dealing with the different aspects of cancer.

**4TH EDITION**

**2 ECTS**

**24 HOURS**

Application deadline: **FEBRUARY 13, 2026**

## LEARNING OBJECTIVES

1. Knowledge about epidemiology and biology of cancer.
2. Practical approach to cancer diagnosis and staging; knowledge about the value of tumour markers.
3. Knowledge about oncological surgery, medical treatment, and radiotherapy.
4. Basic knowledge/ skills about diagnosis, staging, treatment, and follow-up of breast cancer.
5. Gynaecological cancer: Basic knowledge/ skills about diagnosis, staging, treatment, and follow-up.
6. Head and neck cancer: Basic knowledge / skills about diagnosis, staging, treatment, and follow-up.
7. Melanoma, basal cell carcinoma and squamous carcinoma: Basic knowledge / skills about diagnosis, staging, treatment, and follow-up.
8. Genitourinary cancer: Basic knowledge / skills about diagnosis, staging, treatment, and follow-up.
9. Gastrointestinal cancer: Basic knowledge / skills about diagnosis, staging, treatment, and follow-up.
10. Lung cancer: Basic knowledge / skills about diagnosis, staging, treatment, and follow-up.
11. Thyroid cancer: Basic knowledge / skills about diagnosis, staging, treatment, and follow-up.

## COORDINATORS



**Ana Raimundo, MD, MSc**



**Mariana Malheiro, MD, MSc**



**Mário Fontes e Sousa, MD, PhD**

## FACULTY

**Ana Raimundo, MD, MSc**  
**António Garrão, MD**  
**António Quintela, MD**  
**Catarina Machado, MD, MSc**  
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**Mariana Malheiro, MD, MSc**  
**Mário Fontes e Sousa, MD, PhD**

# PROGRAM

IN-PERSON	NOVA Medical School   Carcavelos Campus	24H
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DAY 1 | 13/03/2026

09h00 – 18h00

## Welcome and Opening Session

Course Introduction

## Principles of cancer

Epidemiology of cancer in Portugal  
Biology of cancer

## Diagnosis of cancer

Practical approach to cancer diagnosis and staging  
The value of tumour markers – When to ask? Or not?

## Principles of treatment of cancer

Oncological surgery  
Medical treatment  
Radiotherapy

## Gynaecological cancer

### FROM CLINICAL CASES PRESENTATION

Symptoms and signs – Role of the GP in prevention and literacy  
Diagnosis and staging – Role of the GP

### Referencing

Basic notion of treatment Immediate and late follow-up – Role of the GP

## Head and Neck cancer

### FROM CLINICAL CASES PRESENTATION

Symptoms and signs – Role of the GP in prevention and literacy  
Diagnosis and staging – Role of the GP

### Referencing

Basic notion of treatment Immediate and late follow-up – Role of the GP

## Thyroid cancer Thyroid nodules – how to manage?

### FROM CLINICAL CASES PRESENTATION

Symptoms and signs – Role of the GP in prevention and literacy  
Diagnosis and staging – Role of the GP

### Referencing

Basic notion of treatment Immediate and late follow-up – Role of the GP

## Melanoma, basal cell carcinoma and squamous carcinoma

### FROM CLINICAL CASES PRESENTATION

Symptoms and signs – Role of the GP in prevention and literacy  
Diagnosis and staging – Role of the GP

### Referencing

Basic notion of treatment Immediate and late follow-up – Role of the GP

# PROGRAM

IN-PERSON	NOVA Medical School   Carcavelos Campus	24H
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DAY 2 | 20/03/2026

09h00 – 18h00

## Prostate cancer

### FROM CLINICAL CASES PRESENTATION

Symptoms and signs – Role of the GP in prevention and literacy

Diagnosis and staging – Role of the GP

### Referencing

Basic notion of treatment

Immediate and late follow-up – Role of the GP

## Kidney and bladder cancer

### FROM CLINICAL CASES PRESENTATION

Symptoms and signs – Role of the GP in prevention and literacy

Diagnosis and staging – Role of the GP

### Referencing

Basic notion of treatment Immediate and late follow-up – Role of the GP

## Oesophageal and gastric cancer

### FROM CLINICAL CASES PRESENTATION

Symptoms and signs – Role of the GP in prevention and literacy

Diagnosis and staging – Role of the GP

### Referencing

Basic notion of treatment Immediate and late follow-up – Role of the GP

## Colorectal cancer

### FROM CLINICAL CASES PRESENTATION

Symptoms and signs – Role of the GP in prevention and literacy

Diagnosis and staging – Role of the GP

### Referencing

Basic notion of treatment Immediate and late follow-up – Role of the GP

## Hepato-bilio-pancreatic cancer

### FROM CLINICAL CASES PRESENTATION

Symptoms and signs – Role of the GP in prevention and literacy

Diagnosis and staging – Role of the GP

### Referencing

Basic notion of treatment

Immediate and late follow-up – Role of the GP

## Lung cancer Thyroid nodules – how to manage?

### FROM CLINICAL CASES PRESENTATION

Symptoms and signs – Role of the GP in prevention and literacy

Diagnosis and staging – Role of the GP

### Referencing

Basic notion of treatment Immediate and late follow-up – Role of the GP

## Breast cancer

### FROM CLINICAL CASES PRESENTATION

Symptoms and signs – Role of the GP in prevention and literacy

Diagnosis and staging – Role of the GP

### Referencing

Basic notion of treatment Immediate and late follow-up – Role of the GP

# PROGRAM

IN-PERSON	NOVA Medical School   Carcavelos Campus	24H
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DAY 3 | 27/03/2026

09h00 – 18h00

## **Project Presentation**

Each participant presents their project with discussion about practical applicability (10 min presentation & 5 min discussion)

## **Genetic risk and family predisposition**

## **Management of toxicity and supportive care**

## **Project Presentation**

Each participant presents their project with discussion about practical applicability (10 min presentation & 5 min discussion)

## **Feedback and Test your knowledge**

### COURSE FEE

Application Fee: **50 €**  
Tuition fee (incl. insurance and course meals): **900 €**

### APPLICATION REQUIREMENTS

General Practitioners who want to update or improve their knowledge about cancer biology, diagnosis, treatment, and follow-up.

CV

### ADMISSION CRITERIA

When applying for a course, the applicant agrees to subject personal and professional data. This data will be verified and assessed to check that the applicant meets the admission criteria for the specific programme.

Applications are accepted on a rolling basis during the application window unless there is a priority in the target audience. This may result in applications closing once the limit for number of participants has been reached.

**MAX. PARTICIPANTS: 20**

### ATTENDANCE REQUIREMENTS

For attendance certification as well as awarding ECTS credits and/or CME certification it is mandatory to complete:

- 90% attendance
- Evaluation

### LANGUAGE

Portuguese  
English

### PROGRAM MANAGER



**TELMA CHARRUA**

### ADDITIONAL INFORMATION

For more details, please contact the Program Manager:

T: (+351) 911 191 954

[formacaoavancada@nms.unl.pt](mailto:formacaoavancada@nms.unl.pt)

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